

# Matches found.



ABC's Personality Profiler has found careers well suited to you and program matches at ABC College.

## Your Career Matches

Here's a list of occupations that generally attract INFPs—use it as a starting point for your own career direction. Click the ABC program matches to explore your education options.

### Actors

Theatre Performance  
& Creation, Diploma  
Motion Picture Arts,  
Applied Bachelor

### Artists & Designers

Fine Art, Bachelor  
Visual Arts, Diploma

### Chiropractors

Chiropractic, Bachelor of Science  
Pre-Professional

### Dieticians

Nutrition & Food Science,  
Bachelor of Science

### Editors & Reporters

English, Bachelor of Arts  
Communications Studies,  
Bachelor of Arts

### Film/Theatre Technicians

Theatre & Entertainment  
Production, Diploma  
Motion Picture Arts,  
Applied Bachelor

### Media Specialists

Communications Studies,  
Bachelor of Arts

### Musicians & Composers

Music, Diploma

### Pharmacists

Pharmacy, Bachelor of Science  
Pre-Professional

### Physicians

Medicine, Bachelor of Science  
Pre-Professional  
Kinesiology & Sport Studies,  
Bachelor

### Psychologists

Psychology, Bachelor of Science  
Psychology, Bachelor of Arts  
Sociology, Bachelor of Arts

### Public Relations Workers

Communications Studies,  
Bachelor of Arts  
English, Bachelor of Arts

### Social Scientists

Sociology, Bachelor of Arts  
Human Ecology,  
Bachelor of Science

### Social Workers

Social Work, Diploma  
Social Work, Bachelor

### Teachers

Education-Elementary, Bachelor  
Education-Middle Years,  
Bachelor  
Education-Secondary, Bachelor

### Urban Planners

Anthropology, Bachelor of Arts  
Forestry, Bachelor of Science

### Writers & Journalists

English, Bachelor of Arts  
Communications Studies,  
Bachelor of Arts  
Political Science,  
Bachelor of Arts

continued...

## Your Personality Type: INFP

### Introversion

- Focused
- Quiet
- Reflective

### iNtuition

- Imaginative
- Creative
- Visionary

### Feeling

- Sensitive
- Supportive
- Empathetic

### Perceiving

- Spontaneous
- Flexible
- Open-Minded

### General Description

INFPs are creative and complex. INFPs hold harmony and friendship close to their hearts. In their own quiet way, they want their work, friends and school to reflect these values. When they focus on these values, they can be inspired for short periods of time, especially if they work by themselves. INFPs are quiet and adaptable; they won't easily share their inner selves (or their sense of humor) with others unless they have built a trusting relationship. They will likely be bored quickly by routine jobs that don't relate to their inner values of harmony and friendship.

## **INFP Ideal Work Environment**

- Flourishes in an atmosphere of co-operation and harmony
- Enjoys freedom from control and detail
- Focuses attention on people, not paperwork or rules
- Appreciates feedback and public recognition of contributions
- Team focused and enjoys team problem-solving and discussions
- Needs to be in a job that enhances personal growth and self-awareness and interactions or relationships with others

This personality profile is based on the work of C.G. Jung, whose theories principally developed popular psychometric instrument, the Myers-Briggs Type Indicator. Jung proposed that people have personality preferences similar to being right- or left-handed. Understanding personality preferences can provide insight into your behaviour and help with decision-making.

## **What do the letters mean?**

### **First Preference: Extraversion or Introversion (E or I)**

People with a preference for Extraversion focus their attention outwards and are drawn to the external world of action. They tend to be more talkative and their interests more varied.

People with a preference for Introversion focus their attention inwards and are drawn to the inner world of understanding. They tend to be more thoughtful and their interests are deeper.

### **Second Preference: Sensing or iNtuition (S or N)**

People with a preference for Sensing learn about their world through experience. Because they focus on what they have seen or heard or touched, they develop a practical and realistic outlook on the world.

People with a preference for iNtuition go beyond their direct experience and focus on the meaning of the information. This gives them a "big picture" outlook on life and they tend to be more creative and innovative.

### **Third Preference: Thinking or Feeling (T or F)**

People with a preference for Thinking make decisions based on impersonal criteria like principles and logic. They apply the same rules to everyone making them fair and businesslike, asking: "Is this decision logical? Can I support the decision with facts?"

People with a preference for Feeling make decisions based on their own personal values. Because they treat everyone individually, they tend to be more empathetic and compassionate, asking: "How do I feel about this decision? What will be the consequences for those involved?"

### **Fourth Preference: Judging or Perceiving (J or P)**

People with a preference for Judging are not necessarily judgmental; rather they want their lives to be predictable so they make decisions quickly. Judging-types tend to be organized.

People with a preference for Perceiving want their lives to be open to new experiences so they postpone decisions. Perceiving-types tend to be spontaneous.

## **Why is ABC a good match?**

ABC is college as you always imagine it should be—great programs, great people and a great campus—all in the heart of central Alberta.

ABC offers a genuine educational experience. We're small enough not to be intimidating, but big enough to offer independence, experience and provide our students with a quality education, including over 75 different degrees, diplomas, certificates and apprenticeships. ABC has adapted with the changing economy and offers a practical, grass roots, "how to" approach to education.

Because our students are at the core of everything we do, you can feel confident that ABC will provide you with an education that helps prepare you to succeed in your career and life.

We're here to help get you started. Contact us today!

### **ABC Prospective Student Office**

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